

- There is a skill station provided
- Proceed to tie a double handed
 1. A reef knot.
 2. Secured slip knot.

Time - 5 mins

Check list

Task to be performed	Done adequately	Done Poorly	Not done / adequately	Marks
Reef knot				
Holds the thread properly and ties smoothly	1.0	0.5	0	
Pulls the ends of the thread parallel to the knot	1.0	0.5	0	
Pulls the ends of the knot 2nd throw parallel to but in the opposite direction to that of the 1st	1.0		0	
Knot results in a square knot	1.0		0	
Slip Knot				
Holds the thread properly and ties smoothly	1.0	0.5	0	
Puts two throws initially	1.0		0	
Pulls the ends of the thread at right angles to each other	1.0		0	
Slips the knot down	0.5		0	
Applies a third knot after the slip knot is pushed down	1.0		0	
The ends of the third knot is pulled parallel to the knot	1.0		0	
The last knot is a square knot	0.5	0	0	

A total thyroidectomy operation is to be done on the patient. It is considered that the patient has been anaesthetized, positioned and given antiseptic

wash. The anesthesiologist is beside the patient and the assistant, (scrubbed, gowned and gloved), is standing beside the trolley to assist you.

Consider yourself scrubbed, gowned and gloved.

Proceed to perform the task assigned.

TASK

Proceed to drape the patient for the operation

You may take the help of the assistant and a seek help from 'the anesthesiologist'

CHECK LIST

Task to be performed	Done adequately	Done poorly	Not done / Done inadequately	Marks
Takes double towel	1.0	0.5	0	
Asks the anaesthetist to raise the head	1.0		0	
Packs each side with a mop or cotton pack.	2.0	1.0	0	
Drapes properly	0.5		0	
Drapes upto chin	1.0	0.2	0	
Towel clip at chin	0.5	0.3	0	
Rubber sheet on chest	1.0	0.2	0	
3rd sheet				
Covers the whole body	2.0	1.0	0	
Does he use the assistant properly	1.0	0.2	0	

SCENARIO

Mr. Karim has sustained a fall from 2-3ft high stair case and diagnosed by clinical and radiological evaluation as having left ankle sprain.

Proceed to apply the crepe bandage supplied to allow rest to the part.

Time — 5 minutes

CHECKLIST

Key points

1. Introduces him/herself.
2. Seeks permission
3. Choose the proper crepe bandage of 6" size.
4. Starts from foot, ends at below knee.
5. Fixation turn at start.
6. Ascending spiral with recent turn covering 2/3rd of the previous turn.
7. Figure of eight at ankle
8. Bandage secured properly.
9. Thanks.
10. Post bandage advices

STATION

Draping of patient having lipoma in the suprapatellar region, before excision under S/A

Procedure - BP handle BP blade & give large incision.

Instrumental secured Reef knot- (Single handed reef knot)

STATION : This is a Procedural Station

Read the scenario carefully and proceed to perform the task as instructed

Time — 5 minutes

Scenario

Mr. Karim is a simulated patient with a gangrene of his right foot dorsum and lying on the OT table

Mr. Karim has to undergo a below knee amputation for his gangrenous right foot due to peripheral vascular disease.

He is anesthetized and antiseptic wash has already been given. The limb is lying on a sterile rubber sheet.

TASK

Instruct the assistant appropriately and proceed to drape the foot for the below knee amputation.

CHECKLIST

Sl. No	Procedures to perform	Done adequately	Done inadequately	Not done/ Poorly done	Marks
1	Asks asstt to raise the leg				
2	Takes a sheet and folds it partially and puts it below the limb		.	.	
3	The free ends of the short upper fold is used to cut off the upper end just above the knee	.			
4	Additional sheet may be required for the distal part of the table				
5	The foot is cut off with a drape upto above ankle				
6	Applies a bandage to the cut off drape		.		
7	Asks asstt to lay the leg down on the sterile sheet				
8	Applies another sheet over the screen and upper thigh				

PROCEDURE STATION

Study the instructions carefully and perform the given task. Time — 5mins

Scenario

A simulated abdomen is provided.

An incision has been made in the abdomen.

You are already scrubbed and gloved

TASK

Proceed to close the wound by three different kinds of stitches (one of each).

- 1) Simple interrupted.
- 2) Horizontal mattress.
- 3) Vertical Mattress.

NOTE

The *assistant* opposite you is prepared to take command from you. You may instruct him *as required*

CHECK LIST

Points to not	Done correctly	Done inadequately	Not done/ poorly	Marks
Picks the proper instruments for stitching (toothed dissecting, needle holder, suture).				
Holds the needle with instrument at right needle holder.				
Penetrates skin at right angle.				
Holds needle at exit point with instrument (not with hand).				
Changes needle position with forceps				
Applies the stitches correctly				
a) Simple interrupted				
b) Vertical mattress				
c) Horizontal mattress				
Ties reef knot properly.				
Instructs asstt to cut proper distance				

STATION

Wedge excision & anastomosis of the gut.